

August 16, 2018 Hilton Head, SC



An Educational Event Designed for Women in Rheumatology



© Janssen Biotech, Inc. 2018 8/18 cp-49532v1







### Program Disclosures

This promotional educational activity is not accredited.

The program content is developed by Janssen Biotech, Inc.

The consultants are paid speakers for Janssen Biotech, Inc. Speakers present on behalf of the company and are required to present information in compliance with FDA requirements for communications about its medicines, as applicable to Janssen Biotech, Inc.

In adherence with PhRMA guidelines, spouses or other guests are not permitted to attend company-sponsored programs. For all attendees, please be advised that information such as your name and the value and purpose of any educational item, meal, or other items of value you receive may be publicly disclosed.

If you are licensed in any state or other jurisdiction, or are an employee or contractor of any organization or governmental entity, that limits or prohibits meals from pharmaceutical companies, please identify yourself so that you (and we) are able to comply with such requirements. Please note that the company prohibits the offering of gifts, gratuities, or meals to federal government employees/officials. Thank you for your cooperation.

The content for this program was developed by Janssen Biotech, Inc., with contributions by AWIR.







### Grace Wright, MD, PhD, FACR

President, Association of Women in Rheumatology

#### Anne Winkler, MD, PhD, FACR, MACP

Secretary, Association of Women in Rheumatology

#### **Ethel Owen, CPC, Administrator**

Past President, National Organization of Rheumatology Managers Editor-in-Chief, *Rheumatology Practice Management* 

#### **Jane Bond**

Director, Department of Medical Education Janssen Immunology





# Agenda



The Gender Equity
Conundrum

Beyond RVUs: A Fairy Tale Ending?

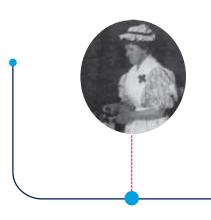
On the Corner of Leadership and Quality





### Igniting the Power of Women to Create a Healthier Tomorrow

Women at Johnson & Johnson have been fueling the future of human health for more than 130 years<sup>1,2</sup>



Chemist Edith von Kuster joined Johnson & Johnson as its first female scientist and one of only four staff scientists at a time when fewer than 3% of American women attended collage.

1907

1886

Johnson & Johnson founded. Eight of the first fourteen employees were women.



1907

Women were Johnson & Johnson's first volunteers (the Laurel Club) helping underserved children and wounded soldiers – and they had a women's basketball team!

1. Johnson & Johnson. Our Story. https://ourstory.jnj.com/our-heritage/international-womens-day-2015-ten-ways-that-women-have-shaped-johnson-johnson. Accessed July 9, 2018. 2. Ten Ways Women Have Trailblazed at Johnson & Johnson Since 1886. https://www.jnj.com/our-heritage/international-womens-day-2015-ten-ways-that-women-have-shaped-johnson-johnson. Accessed July 9, 2018.



### Igniting the Power of Women to Create a Healthier Tomorrow

Women at Johnson & Johnson have been fueling the future of human health for more than 130 years<sup>1,2</sup>



2018

Today, 45% of Johnson & Johnson's 39,000+ US associates are women, and 42% of senior managers are women.





2017

In 2017, Fortune named two Johnson & Johnson leaders, Sandi Peterson (Group Worldwide Chair) and Jennifer Taubert (Worldwide Chairman, Pharmaceuticals), to its annual Most Powerful Women list for the second year in a row.

<sup>1.</sup> Working Mother. http://www.workingmother.com/best-companies-johnson-johnson. Accessed June 27, 2018. 2. Johnson & Johnson Leaders Make Fortune's 2017 Most Powerful Women List. https://www.jnj.com/latest-news/johnson-johnson-leaders-make-fortunes-2017-most-powerful-women-list. Accessed July 9, 2018.









Johnson & Johnson has been named in Working Mother's 100 Best Companies for all 30+ years of the survey<sup>1</sup> Johnson & Johnson ranks in the top 10 on Diversity Inc's list of the Top 50 Companies for Diversity<sup>2</sup> Johnson & Johnson has been named the first-ever Fortune Most Powerful Women (MPW) global partner<sup>3</sup>

1. Working Mother. http://www.workingmother.com/best-companies-johnson-johnson. Accessed June 27, 2018. 2. DiversityInc. https://www.diversityinc.com/st/DI\_Top\_50. Accessed June 27, 2018. 3. Johnson & Johnson. https://www.jnj.com/our-company/johnson-johnson-is-named-first-ever-fortune-most-powerful-women-global-partner. Accessed June 27, 2018.





The Gender Equity Conundrum

Beyond RVUs: A Fairy Tale Ending?

On the Corner of Leadership and Quality





### Difference in Hours Worked Per Week by Gender (2015)<sup>1</sup>



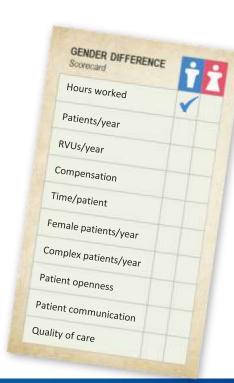




FEWER HOURS WORKED PER WEEK\*



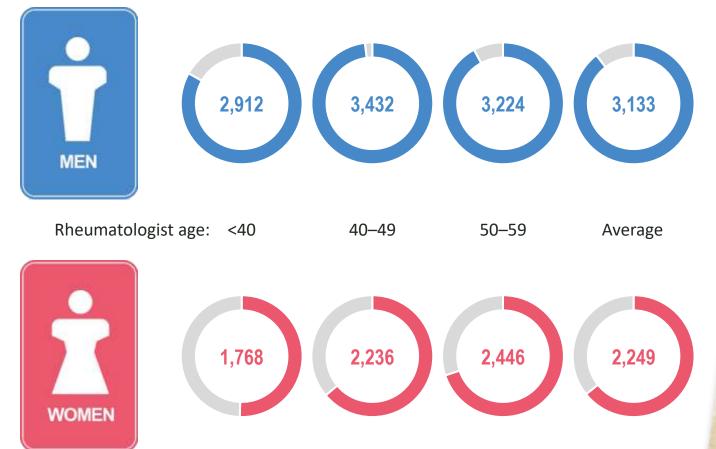
<sup>1.</sup> American College of Rheumatology. https://www.rheumatology.org/portals/0/files/ACR-Workforce-Study-2015.pdf. Accessed July 3, 2018.







### Average Annual Rheumatology Patient Visits by Gender (2015)<sup>1</sup>



GENDER DIFFERENCE
Socrecard

Hours worked

Patients/year

RVUs/year

Compensation

Time/patient

Female patients/year

Complex patients/year

Patient openness

Patient communication

Quality of care

1. American College of Rheumatology. https://www.rheumatology.org/portals/0/files/ACR-Workforce-Study-2015.pdf. Accessed July 3, 2018.





### Average Annual Rheumatology Patient Visits by Gender<sup>1</sup>











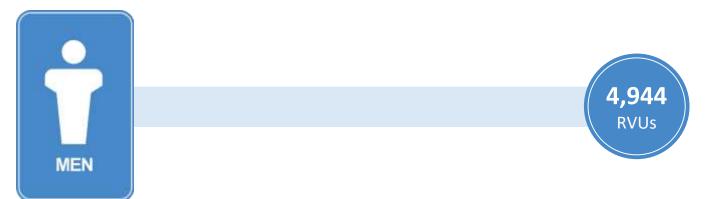
FTE = full-time employee.

1. Rheumatology News. https://www.mdedge.com/rheumatologynews/article/118407/practice-management/acr-2015-workforce-study-fewer-rheumatologists. Accessed July 3, 2018.





## Average Annual Rheumatologist RVUs by Gender<sup>1</sup>







RVU = relative value unit.

1. The Rheumatologist. https://www.the-rheumatologist.org/article/rheumatology-gender-pay-gap/. Accessed July 3, 2018.





#### **Annals of Internal Medicine**

### Position Paper

# Achieving Gender Equity in Physician Compensation and Career Advancement: A Position Paper of the American College of Physicians

Renee Butkus, BA; Joshua Serchen, BA; Darilyn V. Moyer, MD; Sue S. Bornstein, MD; and Susan Thompson Hingle, MD; for the Health and Public Policy Committee of the American College of Physicians\*

Women comprise more than one third of the active physician workforce, an estimated 46% of all physicians-in-training, and more than half of all medical students in the United States. Although progress has been made toward gender diversity in the physician workforce, disparities in compensation exist and inequities have contributed to a disproportionately low number of female physicians achieving academic advancement and serving in leadership positions. Women in medicine face other challenges, including a lack of mentors, discrimination, gender bias, cultural environment of the workplace, imposter syndrome, and

the need for better work-life integration. In this position paper, the American College of Physicians summarizes the unique challenges female physicians face over the course of their careers and provides recommendations to improve gender equity and ensure that the full potential of female physicians is realized.

Ann Intern Med. doi:10.7326/M17-3438
For author affiliations, see end of text.
This article was published at Annals.org on 17 April 2018.

n 2015, more than one third (34%) of the active physician workforce in the United States was female (1); an estimated 46% of all physicians-in-training and more than half of all medical students are women (2). Although women have made substantial progress in these areas, much remains to be done to improve eq-

fessors, 15% of department chairs, and 16% of deans (6). This lack of female physicians in leadership positions has traditionally been believed to be a pipeline problem; however, because women have made up roughly half of medical student graduates for years, the systematic origins of this problem are becoming more

1. Butkus R, et al. Ann Int Med. 2018;168:721-723.





Annals.org

### **Annals of Internal Medicine**

### Position Paper

Achieving Gender Equity in Physician Compensation and Career Advancement: A Position Paper of the American College of

Physicians

Renee Butkus, BA; Joshua Health and Public Policy

Women comprise more that workforce, an estimated more than half of all med though progress has been physician workforce, dispartitions have contributed to female physicians achieving in leadership positions. Vienges, including a lack of cultural environment of the

"Although progress has been made toward gender diversity in the physician workforce, *DISPARITIES IN* 

COMPENSATION EXIST and inequities have contributed to a disproportionately low number of female physicians achieving academic advancement and serving in leadership positions."1

on. In this position paper, mmarizes the unique chalne course of their careers prove gender equity and physicians is realized.

Annals org

7 April 2018

- American College of Physicians

n 2015, more than one third (34%) of the active physician workforce in the U2018 Position Paper male (1); an estimated 46% of all physicians-in-training and more than half of all medical students are women (2). Although women have made substantial progress in these areas, much remains to be done to improve eq-

tessors, 15% of department chairs, and 16% of deans (6). This lack of female physicians in leadership positions has traditionally been believed to be a pipeline problem; however, because women have made up roughly half of medical student graduates for years, the systematic origins of this problem are becoming more

1. Butkus R, et al. Ann Int Med. 2018;168:721-723.





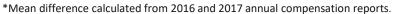
### Difference in Compensation\* by Gender in Rheumatology<sup>1-3</sup>











<sup>1.</sup> Medscape. https://www.medscape.com/slideshow/compensation-2017-rheumatology-6008588. Accessed July 3, 2018. 2. Medscape. https://www.medscape.com/features/slideshow/compensation/2016/rheumatology. Accessed July 3, 2018. 3. Data on file. Janssen Biotech, Inc.







# The Fuzzy Math of Gender Compensation

-10% ≠ -20% fewer hours compensation worked1 differential<sup>2,3</sup>

"Many studies show that female physicians tend to spend more time with each patient, and that ... means probably less RVUs and their compensation will probably be less."6

-10% ≠ -20% fewer hours

RVUs4

~10%+~10% = ~20%

fewer hours worked<sup>1</sup>

worked1

longer visits with patients<sup>5</sup> compensation differential

1. American College of Rheumatology. https://www.rheumatology.org/portals/0/files/ACR-Workforce-Study-2015.pdf. Accessed July 3, 2018. 2. Medscape. https://www.medscape.com/ slideshow/compensation-2017-rheumatology-6008588. Accessed July 3, 2018. 3. Medscape. https://www.medscape.com/features/slideshow/compensation/2016/rheumatology Accessed July 3, 2018. 4. The Rheumatologist. https://www.the-rheumatologist.org/article/rheumatology-gender-pay-gap/. Accessed July 3, 2018. 5. Athenalnsight. https://www.athenahealth.com/insight/way-system-works-against-women-doctors. Accessed July 3, 2018. 6. Medpage Today. https://www.medpagetoday.com/practicemanage practicemanagement/64820. Accessed July 3, 2018.





GENDER DIFFERENCE

Scorecard

Hours worked

Patients/year

RVUs/year

Compensation

Female patients/year

Complex patients/year

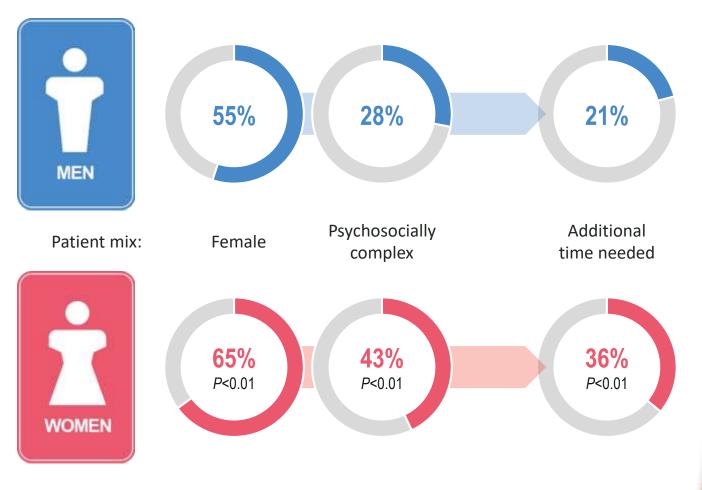
Time/patient

Patient openness

Quality of care

Patient communication

## Significant Differences Exist in the Patient Mix by Gender\*1



GENDER DIFFERENCE
Scovecard

Hours worked

Patients/year

RVUs/year

Compensation

Time/patient

Female patients/year

Complex patients/year

Patient openness

Patient communication

Quality of care





<sup>\*</sup>Based on a survey of primary care physicians.

<sup>1.</sup> McMurray JE, et al. J Gen Int Med. 2000;15:372-380.

### Gender Differences in the Patient Visit<sup>1</sup>

#### **Patients**



Speak more



Disclose more medical information

Make more positive statements



1. Butkus R. et al. Ann Int Med. 2018:168:721-723.

Report more participatory visits

are more open with female physicians

#### Female physicians



Are more empathetic



Focus more on psychosocial questionasking and counseling

are more patient-centered in their communications



Patient openness

Quality of care

Patient communication





# Patients Treated by Female Physicians May Have Better Outcomes<sup>1</sup>

JAMA Internal Medicine | Original Investigation

# Comparison of Hospital Mortality and Readmission Rates for Medicare Patients Treated by Male vs Female Physicians

Yusuke Tsugawa, MD, MPH, PhD; Anupam B. Jena, MD, PhD; Jose F. Figueroa, MD, MPH; E. John Orav, PhD; Daniel M. Blumenthal. MD. MBA: Ashish K. Jha. MD. MPH

**IMPORTANCE** Studies have found differences in practice patterns between male and female physicians, with female physicians more likely to adhere to clinical guidelines and evidence-based practice. However, whether patient outcomes differ between male and female physicians is largely unknown.

**OBJECTIVE** To determine whether mortality and readmission rates differ between patients treated by male or female physicians.

DESIGN, SETTING, AND PARTICIPANTS We analyzed a 20% random sample of Medicare fee-for-service beneficiaries 65 years or older hospitalized with a medical condition and treated by general internists from January 1, 2011, to December 31, 2014. We examined the association between physician sex and 30-day mortality and readmission rates, adjusted for patient and physician characteristics and hospital fixed effects (effectively comparing female and male physicians within the same hospital). As a sensitivity analysis, we examined only physicians focusing on hospital care (hospitalists), among whom patients are plausibly quasi-randomized to physicians based on the physician's specific work schedules. We also investigated whether differences in patient outcomes varied by specific condition or by underlying severity of illness.

Editorial page 161 Author Audio Inte GENDER DIFFERENCE Supplemental co Hours worked CME Quiz at jamanetworkcm Patients/year **CME Questions** RVUs/year Compensation Time/patient Female patients/year Complex patients/year Patient openness Patient communication Quality of care

1. Tsugawa Y, et al. JAMA Int Med. 2017;177:206-213. 2. STAT News. https://www.statnews.com/2016/12/19/patients-female-physicians-live-longer/. Accessed July 3, 2018.





# Patients Treated by Female Physicians May Have Better Outcomes<sup>1</sup>

Elderly hospitalized patients treated by female vs male internists

Lower Mortality P<0.001<sup>1</sup> Lower 30-day Readmissions P<0.001<sup>1</sup>

Author Audio Inte

CME Quiz at jamanetworkcm

t kcm/ ions/

Hours worked

Patients/year

RVUs/year

Compensation

GENDER DIFFERENCE

Time/patient Female patients/year

Complex patients/year
Patient openness

Patient communication

Quality of care

"The findings not only launch a grenade at the gender pay gap in medicine, they also suggest the methods of female physicians — if replicated broadly — could significantly improve the quality of medical care in the United States."<sup>2</sup>

1. Tsugawa Y, et al. JAMA Int Med. 2017;177:206-213. 2. STAT News. https://www.statnews.com/2016/12/19/patients-female-physicians-live-longer/. Accessed July 3, 2018.







Conundrum

Fairy Tale Ending?

Leadership and Quality





### Cinderella Effect: Are Your Contributions Undervalued?

+2 minutes per patient

VALUELESS<sup>1</sup>

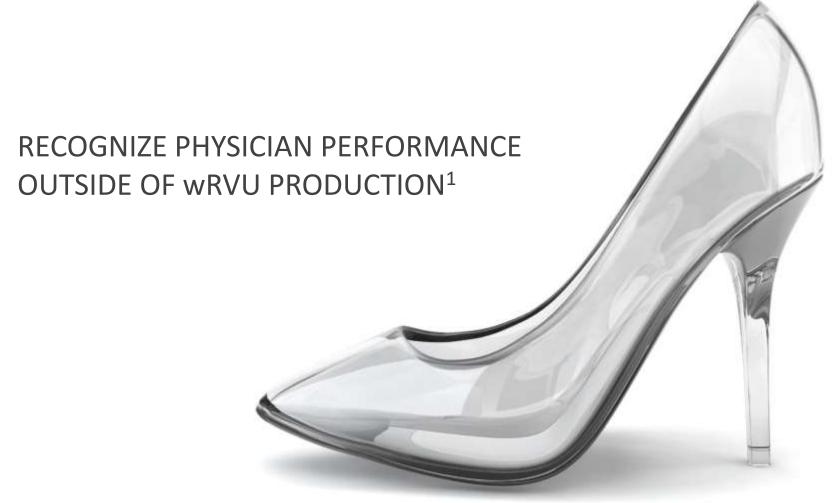
"Perhaps the type of work that female physicians tend to perform is under-valued in current reimbursement models. Female physicians may be less productive, as traditionally measured, and at greater risk for burnout, because they are performing activities that are time-consuming yet not captured with traditional RVU-based measurement."<sup>2</sup>

1. Butkus R, et al. Ann Int Med. 2018;168:721-723. 2. Athenalnsight. https://www.athenahealth.com/insight/way-system-works-against-women-doctors. Accessed July 3, 2018.





Recognition for the Cinderella Contribution



wRVU = work relative value unit.

1. NEJM Catalyst. https://catalyst.nejm.org/building-a-better-physician-compensation-and-performance-model/. Accessed July 3, 2018.

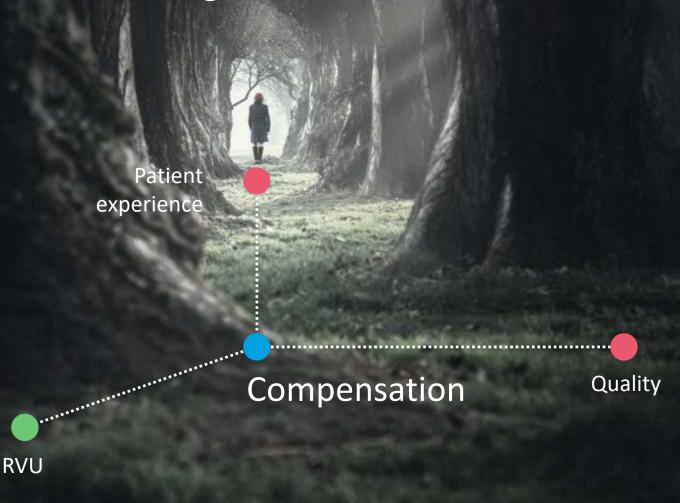




### Hansel and Gretel: Intersecting the Breadcrumbs

# Change to value-based care (VBC)

- Compensation models need to align with organizational VBC goals<sup>1</sup>
- Currently an average of 10% of compensation is tied to quality/VBC incentives<sup>2</sup>



RVU = relative value unit.

1. MGMA. https://www.mgma.com/event-registration/mgma18-the-financial-conference/session-handouts/con204-implementing-value-based-compensation-part. Accessed July 3, 2018. 2. MedPage Today. https://www.medpagetoday.com/publichealthpolicy/generalprofessionalissues/71071. Accessed July 3, 2018.





### Finding the Goldilocks Zone



10% of compensation tied to quality/VBC incentives is too low to drive change<sup>1</sup>



TOO HOT

Compensation too high tied to quality/VBC may result in too big of a decrease in patient volume/revenues<sup>2</sup>





VBC = value-based care.

1. MGMA. https://www.mgma.com/event-registration/mgma18-the-financial-conference/session-handouts/con204-implementing-value-based-compensation-part. Accessed July 3, 2018. 2. Merritt Hawkins. https://www.merritthawkins.com/uploadedFiles/MerrittHawkins/Pdf/2017\_Physician\_Incentive\_Review\_Merritt\_Hawkins.pdf. Accessed July 3, 2018.













The Gender Equity Conundrum

Fairy Tale Ending?

Leadership and Quality











### The Solution: Finding the Right Leadership Style<sup>1</sup>



Tend to be

# **Transactional** leaders

Conventional leadership approach that uses a system of reward and punishment

- Give-and-take relationships with subordinates
- Clarifying responsibilities
- Rewards for meeting objectives
- Corrective/disciplinary actions for failing to meet objectives



Tend to be

# Transformational leaders

Modern leadership approach acting as a nurturing mentor or coach

- Gain subordinate trust and confidence
- State future goals and develop plans to achieve
- Mentor and empower subordinates to develop full potential
- Provide support and encouragement to subordinates

1. Eagly AH, Carli LL. Harvard Business Review. https://hbr.org/2007/09/women-and-the-labyrinth-of-leadership. Accessed June 27, 2018.







<sup>1.</sup> Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018. 2. Langston University. https://www.langston.edu/sites/default/files/basic-content-files/TransformationalLeadership.pdf. Accessed June 27, 2018.







<sup>1.</sup> Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018. 2. Langston University. https://www.langston.edu/sites/default/files/basic-content-files/TransformationalLeadership.pdf. Accessed June 27, 2018.







<sup>1.</sup> Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018. 2. Langston University. https://www.langston.edu/sites/default/files/basic-content-files/TransformationalLeadership.pdf. Accessed June 27, 2018.







<sup>1.</sup> Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018. 2. Langston University. https://www.langston.edu/sites/default/files/basic-content-files/TransformationalLeadership.pdf. Accessed June 27, 2018.





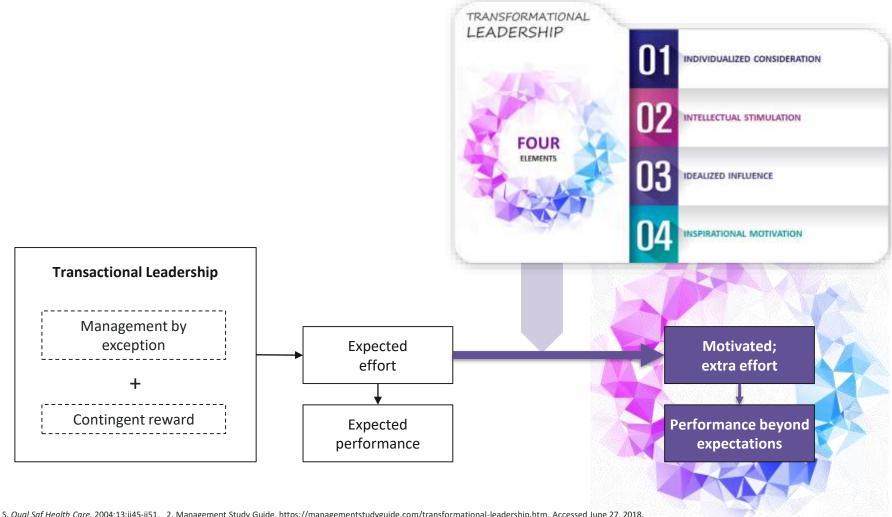


<sup>1.</sup> Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018. 2. Langston University. https://www.langston.edu/sites/default/files/basic-content-files/TransformationalLeadership.pdf. Accessed June 27, 2018.





### Relationship Between Transactional and Transformational<sup>1,2</sup>



1. Flin R, Yule S. Qual Saf Health Care. 2004;13:ii45-ii51. 2. Management Study Guide. https://managementstudyguide.com/transformational-leadership.htm. Accessed June 27, 2018.





# TRANSFOR MATIONAL

# TRANSFORMATIONAL LEADERSHIP is linked to 1,2



#### **Transformational leaders:**

- Provide a sense of purpose that is clear and energizing
- Are role models for ethical conduct
- Display strong commitment to safety, safety practices and procedures, and placing safety as top priority
- Have been directly linked to employees' perception of a strong safety climate

1. McFadden KL, Stock GN, Gowen CR. Health Care Manage Rev. 2015;40:24-34. 2. Sfantou DF, et al. Healthcare. 2017; 5, 73; doi:10.3390/healthcare5040073.





# TRANSFOR MATIONAL

#### **Transformational leadership:**

- Fosters organizational change needed for implementing quality initiatives
- Has a direct relationship to implementing quality (CQI) initiatives which are positively associated with improved process quality



**TRANSFORMATIONAL** 

CQI = continuous quality improvement.

1. McFadden KL, Stock GN, Gowen CR. Health Care Manage Rev. 2015;40:24-34. 2. Sfantou DF, et al. Healthcare. 2017; 5, 73; doi:10.3390/healthcare5040073.















