

Managing Your Lupus: How Can **You** Take a **More** Active Role?

A **Patient**
Education
Program
Designed
for **You**

Thank you for your interest in educating your patients with systemic lupus erythematosus (SLE).

Developed with the Rheumatology Nurses Society (RNS), this in-office patient education program is designed specifically to help you increase patients' understanding of their SLE and inspire them to take a more active role in managing their disease. The Managing Your Lupus Patient Education Program includes topics focused on helping your patients:

- Understand immune system basics and SLE (or lupus)
- Recognize the importance of taking an active role in managing their lupus
- Locate resources that can help them monitor their symptoms and communicate more effectively with the healthcare team

This program provides streamlined tools that you can utilize to educate patients in your practice, either through one-on-one meetings with your patients or by hosting a larger educational event with a group of patients.

Managing Your Lupus Patient Education Program Tools



Slide Presentation

During your meeting or event, you can use this presentation to help you educate patients. There are 2 versions that you can utilize:

- Presentation View—Use this version when presenting the slides to patients during the program
- Presentation With Notes View—Use this version to see key discussion points for each slide when preparing for the presentation before the program



Self-reflection Worksheets

During your meeting or event, you can use these worksheets to help you empower and engage your patients to manage their disease. The worksheets will help patients self-reflect on how they feel about their symptoms, how they track and monitor their disease, and how they communicate with the healthcare team. During the program:

- Give each patient all of the worksheets
- Ask each patient to complete a particular worksheet when the slide associated with the worksheet topic is presented

We hope that you find these tools helpful when you offer your in-office patient education programs to help patients with SLE take a more active role in managing their lupus!

If you have any questions, please speak with your local GSK representative.

Continue to visit TalkSLE.com to receive updates on new tools to help you conduct a successful patient education program!

